Just because fear and worry come to pay you a visit doesn't mean we have to invite them in and ask them to stay all day ~Joyce Meyer

Isn't that statement the truth, but why do we choose not to take that advice most of the time... "Can all your worries add a single moment to your life?" Matthew 6:27 NLT

Fear and worry are lurking around every corner it's very true. They are works of the devil and he waits for us to open that door so he can sneak in...

"Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour."

1 Peter 5:8 NLT

Don't let that devil get in through a crack in your door. We must not let him take ahold of what is true and make it into lies in our mind...

"Don't give the slanderous accuser, the Devil, an opportunity to manipulate you!" Ephesians 4:27 TPT

We must remember that WE have the power of who we let inside the door of our minds. More importantly, we have the power of who we invite to stay all day...

"So give yourselves completely to God. Stand against the devil, and the devil will run from you." James 4:7 NCV

We are ultimately in control of the door to our minds. We are most definitely the ones who make the choice of fear or faith. No one else makes that choice for us...

"For God will never give you the spirit of fear, but the Holy Spirit who gives you mighty power, love, and self-control."

2 Timothy 1:7 TPT

We need to focus on the things God wants us to focus on and that is most definitely NOT fear and worry...

"So keep your thoughts continually fixed on all that is authentic and real, honorable and admirable, beautiful and respectful, pure and holy, merciful and kind. And fasten your thoughts on every glorious work of God, praising him always." Philippians 4:8 TPT

God wants us to enjoy an endless supply of His peace and joy. He came so that we would be free from the devil and all His schemes against us...

"A thief has only one thing in mind—he wants to steal, slaughter, and destroy. But I have come to give you everything in abundance, more than you expect —life in its fullness until you overflow!" John 10:10 TPT

It's not until you truly let Jesus control the door to you mind that you are free from the enemy and can truly have what He came to give us...

""I leave the gift of peace with you—my peace. Not the kind of fragile peace given by the world, but my perfect peace. Don't yield to fear or be troubled in your hearts—instead, be courageous!" John 14:27 TPT

Fear and worry will most definitely come knocking, they always do, but when they do, it's important that we send God to answer the door...

"Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life." Philippians 4:6-7 MSG

My prayer for us today is that we always remember that we control our minds, not the devil. May we always be properly equipped with faith and Gods Word to protect the door of our minds from the enemy and the fear and worry he brings ...

"And that about wraps it up. God is strong, and he wants you strong. So take everything the Master has set out for you, well-made weapons of the best materials. And put them to use so you will be able to stand up to everything the Devil throws your way. This is no afternoon athletic contest that we'll walk away from and forget about in a couple of hours. This is for keeps, a life-or-death fight to the finish against the Devil and all his angels." Ephesians 6:10-12 MSG

I asked the LORD for help, and he answered me. He saved me from all that I feared." Psalms 34:4 NCV AMEN